

Supplement Facts

Serving Size: 2 scoops (16.4 grams)

Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	16	
Total Carbohydrate	4 g	<2%
Sugars	4 g	**
Vitamin C (as ascorbic acid)	600 mg	1000%
Vitamin B ₆ (as pyridoxine HCL)	2 mg	100%
Folate (as folic acid)	100 mcg	25%
Biotin	100 mcg	33%
Vitamin B ₅ (as calcium pantothenate)	4 mg	40%
Magnesium Blend (from citrate, sulfate and gluconate)	700 mg	175%
Zinc (as zinc sulfate)	2 mg	13%
Selenium (as selenium aspartate)	50 mcg	72%
Manganese (as manganese ascorbate)	2 mg	100%
Chromium (as chromium polynicotinate)	50 mcg	42%
Potassium (as potassium citrate)	200 mg	**

* Daily Value based on a 2,000 calorie diet.

** Daily Value not established.

Contains no yeast, dairy, egg, gluten, soy, wheat, or starch.

Other Ingredients: Citric Acid, Malic Acid, Tartaric Acid, Fructose, Potassium Bicarbonate, Sodium Bicarbonate, Natural Flavor, Stevia.